

Date: \_\_\_\_\_ Time: \_\_\_\_\_ AM PM

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

**"Your Name Here"**  
**"Clinic Name Here"**  
**General Exam Adult Female**

FAMILY HISTORY     DM     IHD     HTN     CVA     CHOL     CA

Historian: patient

CHIEF COMPLAINT : follow up:

HPI:     no new problems     feels well     condition unchanged

**ROS**    ✓ = nl or present    \ = neg or absent    + / - = somewhat    circle = abnl

**GENERAL**  
 sleep     nausea     vomiting  
 appetite     heartburn  
 reg exercise  
 active     abd pain  
 fever     achiness     wt loss     constipation     diarrhea  
 fatigue

**EYES**  
 vision

**ENT**  
 tinnitus  
 HOH  
 hayfever / nasal allergies

**CARDIAC**  
 chest pain  
  
 palpitations  
  
 chest pressure  
 edema  
 claudication

**RESPIRATORY**  
 cough  
  
 SOB / DOE  
 hemoptysis

**HEME / LYMPH**  
 ecchymoses     easy bruising  
 bleeding

**SKIN & BREAST**  
 rash  
 lesions  
 pruritis  
 mass or CA  
 FCD  
 breast pain  
 last mammo

**PSYCH**  
 depression     anger     moody  
 anxiety

**GI**  
 stools  
*BRB    melena    loose    change*  
 colon exam  
 hemoccult

**GU**  
 incont stress urge  
 dysuria  
 nocturia  
 hematuria  
 vag disch  
 hot flashes     night sweats  
**HRT**  
 pelvic pain  
 last pap     abnml pap?  
 irreg menses

**MUSCULOSKELETAL**  
 myalgias  
 red swollen stiff joints  
 cold / numb ext  
 LBP

**NEURO**  
 blackouts / syncope / seizures  
 headache *bifrontal occipital*  
*periorbital post-cervical*  
*sharp dull throbbing*  
*uni / bi lateral sinus migraine*  
*stress assoc eye SX aura*

dizziness / poor balance  
  
 unilateral N T W  
 tremor  
 memory     concentration

**ENDOCRINE**  
 PPP     dry skin

**PAST HISTORY**  
 see PFSH Form     pt interviewed  
 chart reviewed     non-contributory  
 negative     unchanged from last visit

**ALLERGIES:**  see face sheet  
  
 asthma  
 anemia  
 pneumonia  
 TB  
 HA

PUD     GB     HH     hepatitis  
 HTN  
 DM insulin oral diet  
 heart disease  
 MI  
 CVA     seizures  
 Pneumocccal vaccine    Y    N  
 thyroid  
 UTI     k stones     LNMP  
G    P    (T    P    A    L    )

HOSP / SURG:     recent

Medications  see face sheet  
 None     Ibuprofen     vitamins  
 ASA     acetaminophen     OTC meds

**SOCIAL HISTORY**     smoker     second hand smoke  
 alcohol *recent heavy occasional*  
 marital status    S    M    D    W    other

TEMP \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_  
PULSE \_\_\_\_\_ RESP \_\_\_\_\_ WT \_\_\_\_\_

**PHYSICAL EXAM**

**APPEARANCE** \_\_alert \_\_pleasant \_\_NAD \_\_NAI \_\_neat / clean  
\_\_anxious \_\_fatigued \_\_drowsy \_\_appears ill \_\_flat affect \_\_upset  
\_\_obese \_\_slender \_\_frail \_\_depressed \_\_malnourished \_\_unkempt  
\_\_Cauc \_\_Black \_\_Hisp \_\_Asian \_\_Other

**HEENT:**

\_\_TM's, EAC's nml \_\_\_\_\_ R L  
\_\_pinnae nml \_\_\_\_\_ R L  
\_\_\_\_\_ EAC inflamed \_\_\_\_\_ R L

\_\_eyes nml \_\_\_\_\_ R L  
\_\_PERRLA \_\_\_\_\_ R L  
\_\_conj / sclera nml \_\_\_\_\_ R L  
\_\_fundus nml \_\_\_\_\_ R L

\_\_nose nml \_\_\_\_\_  
\_\_\_\_\_ rhinorrhea \_\_\_\_\_  
\_\_\_\_\_ mucosal edema \_\_\_\_\_

\_\_oropharynx nml \_\_\_\_\_  
\_\_\_\_\_ ulcerations \_\_\_\_\_  
\_\_\_\_\_ pharyngeal erythema \_\_\_\_\_  
\_\_\_\_\_ dentition / edentulous \_\_\_\_\_  
\_\_\_\_\_ exudate \_\_\_\_\_  
\_\_\_\_\_ lesion \_\_\_\_\_

**NECK:**

\_\_supple \_\_\_\_\_  
\_\_nml to palpation \_\_\_\_\_  
\_\_\_\_\_ goiter \_\_\_\_\_  
\_\_\_\_\_ lymphadenopathy *ant posterior*  
\_\_\_\_\_ R L *bilat tender shoddy*  
\_\_\_\_\_ *Soft hard fixed mobile*  
\_\_\_\_\_ bruits \_\_\_\_\_  
\_\_\_\_\_ mass \_\_\_\_\_

**CHEST:**

\_\_breath snds nml \_\_\_\_\_  
\_\_nml excursion \_\_\_\_\_  
\_\_nml to percussion \_\_\_\_\_  
\_\_regular rate, rhythm \_\_\_\_\_  
\_\_heart sounds nml \_\_\_\_\_  
\_\_PMI nl \_\_\_\_\_  
\_\_\_\_\_ resp distress \_\_\_\_\_  
\_\_\_\_\_ rales \_\_\_\_\_  
\_\_\_\_\_ wheezes *insp exp* \_\_\_\_\_  
\_\_\_\_\_ stridor \_\_\_\_\_  
\_\_\_\_\_ transmitted upper airway sounds \_\_\_\_\_  
\_\_\_\_\_ decreased air movement \_\_\_\_\_  
\_\_\_\_\_ accessory muscle use \_\_\_\_\_  
\_\_\_\_\_ dull to percussion \_\_\_\_\_  
\_\_\_\_\_ irregularly irregular rhythm \_\_\_\_\_  
\_\_\_\_\_ extrasystoles *occl frequent* \_\_\_\_\_  
\_\_\_\_\_ tachycardia \_\_\_\_\_  
\_\_\_\_\_ JVD \_\_\_\_\_  
\_\_\_\_\_ murmur grade \_\_\_\_\_ / 6 SEM sys dias  
\_\_\_\_\_ gallop (S3 / S4) \_\_\_\_\_  
\_\_\_\_\_ peripheral pulses abnl \_\_\_\_\_

**ABDOMEN:**

\_\_nontender \_\_\_\_\_  
\_\_soft \_\_\_\_\_  
\_\_\_\_\_ tenderness \_\_\_\_\_  
\_\_\_\_\_ H / S megaly \_\_\_\_\_  
\_\_\_\_\_ mass \_\_\_\_\_  
\_\_\_\_\_ guarding rebound \_\_\_\_\_  
\_\_\_\_\_ bruits abd femoral \_\_\_\_\_

**EXTREMITIES:**

\_\_nml inspection \_\_\_\_\_  
\_\_\_\_\_ edema \_\_\_\_\_  
\_\_\_\_\_ acutely inflamed joint(s) \_\_\_\_\_  
\_\_\_\_\_ clubbing \_\_\_\_\_  
\_\_\_\_\_ cyanosis \_\_\_\_\_

**GENITAL/RECTAL**

\_\_vulva nml \_\_\_\_\_  
\_\_vag vault nml \_\_\_\_\_  
\_\_urethra nml \_\_\_\_\_  
\_\_cervix nml absent \_\_\_\_\_  
\_\_rectal nml \_\_\_\_\_  
\_\_heme neg stool \_\_\_\_\_

\_\_\_\_\_ discharge \_\_\_\_\_  
\_\_\_\_\_ rectocele cystocele \_\_\_\_\_  
\_\_\_\_\_ uterine adnexal *mass tenderness* R L  
\_\_\_\_\_ rectal mass \_\_\_\_\_  
\_\_\_\_\_ heme (+) stool \_\_\_\_\_  
\_\_\_\_\_ lax sphincter \_\_\_\_\_  
\_\_\_\_\_ hemorrhoids *inflamed int ext mild sev*

**SKIN: & BREAST**

\_\_normal skin \_\_\_\_\_  
\_\_normal breasts \_\_\_\_\_  
\_\_\_\_\_ rash \_\_\_\_\_  
\_\_\_\_\_ lesions \_\_\_\_\_  
\_\_\_\_\_ pallor / diaphoresis \_\_\_\_\_  
\_\_\_\_\_ ecchymoses \_\_\_\_\_  
\_\_\_\_\_ breast: *mass tenderness disch* R L

**BACK:**

\_\_straight, nml \_\_\_\_\_  
\_\_\_\_\_ CVAT \_\_\_\_\_

**NEURO:**

\_\_mental status nl \_\_\_\_\_  
\_\_CN intact 2-12 \_\_\_\_\_  
\_\_hearing nml to F.R. \_\_\_\_\_  
\_\_fine motor nml \_\_\_\_\_  
\_\_grip strength nml \_\_\_\_\_  
\_\_Romberg nml \_\_\_\_\_  
\_\_DTR's \_\_\_\_\_ + / 4+ \_\_\_\_\_  
\_\_gait nml \_\_\_\_\_  
\_\_sens / motor nml \_\_\_\_\_  
\_\_\_\_\_ mental status abnl \_\_\_\_\_  
\_\_\_\_\_ HOH \_\_\_\_\_  
\_\_\_\_\_ CN deficit \_\_\_\_\_  
\_\_\_\_\_ weakness \_\_\_\_\_  
\_\_\_\_\_ tremor \_\_\_\_\_  
\_\_\_\_\_ gait \_\_\_\_\_  
\_\_\_\_\_ balance \_\_\_\_\_  
\_\_\_\_\_ abnl DTR's \_\_\_\_\_

**HEME / LYMPH**

\_\_no adenopathy \_\_\_\_\_  
\_\_\_\_\_ adenopathy *hard cervical inguinal* R L  
\_\_\_\_\_ *soft fixed mobile supraclav axillary* R L

**LAB, XRAY**

\_\_CXR \_\_EKG \_\_CBC \_\_Lipid \_\_Met C \_\_UA \_\_\_\_\_

**DIAGNOSES:**

**PLAN** \_\_F / U in \_\_\_\_ D W M \_\_lab in \_\_\_\_ D W M

\_\_mammogram advised \_\_\_\_\_

\_\_instructed to call if new SX develop OR \_\_\_\_\_

\_\_addendum dictated \_\_\_\_\_ \_\_additional sheets (page 2 of \_\_\_\_)

**Physician Signature** \_\_ > 50% OV in consult mode

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